

HOSPICE NAVIGATOR SERIES

Contents

ABOUT HOSPICE	10
HOSPICE ELIGIBILITY	10
CERTIFICATION OF TERMINAL ILLNESS	12
DOCUMENTATION OF ELIGIBILITY	14
HOSPICE GUIDELINES	16
MEDICARE ADMINISTRATIVE CONTRACTORS	18
LIMITATIONS OF MEDICARE COVERAGE OF HOSPICE CARE	20
THE LOCAL COVERAGE DETERMINATIONS	22
PART I: DECLINE IN CLINICAL STATUS GUIDELINES	22
<i>Variables Predictive of Poor Prognosis</i>	24
<i>Progression of Disease</i>	26
Worsening Clinical Status	28
Signs and Symptoms	30
Laboratory Results	32
<i>Decline in Performance Scales (KPS / PPS)</i>	34
<i>Decline in FAST Score</i>	36
<i>Dependence in Activities of Daily Living</i>	38
<i>Progressive Pressure Ulcers</i>	40
<i>Increased ER, MD and Hospital Visits</i>	42
PART II: NON-DISEASE SPECIFIC BASELINE GUIDELINES	44
PART III: DISEASE SPECIFIC GUIDELINES	46
<i>Cancer Diagnoses</i>	48
<i>Non-Cancer Diagnoses</i>	50
Amyotrophic Lateral Sclerosis (ALS)	52
Dementia due to Alzheimer's disease and Related Disorders	56
Heart Disease	58
HIV Disease	60
Liver Disease	62
Pulmonary Disease	64
Renal Disease	66
Stroke and Coma	70
Adult Failure to Thrive Syndrome	76
ASSESSMENT SCALES AND TOOLS	78
PROGNOSTIC SCALES AND TOOLS	79
<i>Mortality Risk Index</i>	79
<i>The Palliative Prognostic Score (PaP)</i>	80
PERFORMANCE SCALES	82
<i>Palliative Performance Scale (PPS)</i>	83
<i>The Karnofsky Performance Scale (KPS)</i>	84
<i>Eastern Cooperative Oncology Group Performance Scale (ECOG)</i>	85

HOSPICE NAVIGATOR SERIES

Contents

<i>Edmonton Functional Assessment Tool (EFAT)</i>	86
<i>Global Assessment of Functioning</i>	87
GERIATRIC ASSESSMENT	88
<i>Geriatric Mental Health Assessment</i>	88
Confusion Assessment Method.....	88
Short Portable Mental Status Questionnaire (SPMSA).....	90
Geriatric Depression Scale	91
<i>Geriatric Functional Assessment</i>	91
Katz Index of Independence in Activities of Daily Living	92
Lawton Instrumental Activities of Daily Living (IADL) Scale	94
Barthel Index of Activities of Daily Living	96
Reisberg Functional Assessment Staging Tool (FAST)	98
<i>Geriatric Nutritional Assessment</i>	99
Mini Nutritional Assessment.....	99
<i>Geriatric Pain Assessment</i>	100
Checklist of Non-Verbal Pain Indicators (CNPI)	100
PEDIATRIC ASSESSMENT	101
<i>Pediatric Functional Assessment</i>	101
Children's Global Assessment Scale (C-GAS)	101
Lansky Score.....	102
<i>Pediatric Pain Assessment</i>	103
FLACC Score.....	103
Neonatal / Infant Pain Scale (NIPS)	104
Wong-Baker FACES Pain Rating Scale	105
Children's Hospital Eastern Ontario Pain Scale (CHEOPS)	106
Oucher Scale.....	107
SYMPTOM ASSESSMENT SCALES	108
<i>Multi-Symptom Assessment Scales</i>	109
Edmonton Symptom Assessment System (ESAS).....	109
Memorial Symptom Assessment Scale	111
<i>Symptom Assessment Scales</i>	113
ANXIETY	113
Hospital Anxiety and Depression Scale (HADS).....	113
National Comprehensive Cancer Network (NCCN) Distress Thermometer	115
Emotions Visual Analogue Scale	116
CONSTIPATION	117
National Cancer Institute Common Terminology Criteria for Adverse Events for Constipation	117
Constipation Assessment Scale (CAS).....	118
DEPRESSION	119
A SAD FACES Mnemonic	120
SIG E CAPS Mnemonic.....	121
Hamilton Rating Scale for Depression.....	122
Zung Self-Rating Depression Scale	124

HOSPICE NAVIGATOR SERIES

Contents

DIARRHEA	125
NCI Common Terminology Criteria for Diarrhea	126
ECOG Common Toxicity Criteria for Diarrhea	127
DYSPNEA	128
Dyspnea Numeric Rating Scale.....	129
Medical Research Council Breathlessness Scale.....	130
Cancer Dyspnea Scale	131
Dyspnea Visual Analogue Scale	132
Modified Borg Scale	133
FATIGUE	134
Fatigue Numerical Scale.....	136
Brief Fatigue Inventory	137
Fatigue Severity Scale	138
ORAL MUCOSITIS	139
Oral Assessment Guide	139
WHO Oral Mucositis Scale.....	140
WCCNR Staging System	141
NCI Common Toxicity Criteria for Oral Mucositis	142
Oral Mucositis Assessment Scale (OMAS)	143
NAUSEA AND VOMITING	144
Rhodes Index of Nausea, Vomiting and Retching (INVR).....	144
NCI Common Terminology Criteria for Nausea and Vomiting.....	145
CHEMOTHERAPY INDUCED NAUSEA AND VOMITING (CINV)	146
MASCC Antiemesis Tool (MAT).....	146
PAIN SCALES	148
Pain Visual Analogue Scale (VAS)	148
Numeric Pain Intensity Scale	149
Pain Verbal Rating Scale.....	150
Pain Assessment in Advanced Dementia (PAINAD)	151
Brief Pain Inventory.....	152
PERIPHERAL NEUROPATHY	154
ECOG Neuropathy Scale.....	154
NCI Common Terminology Criteria for Neuropathy	155
SLEEP DISTURBANCE	156
Insomnia Severity Index.....	156
DISEASE SPECIFIC TOOLS AND CLASSIFICATIONS	157
<i>Amyotrophic Lateral Sclerosis</i>	157
ALS Functional Rating Scale (ALSFRS).....	157
<i>Lymphedema</i>	159
Stages of Lymphedema	159
<i>Heart Failure</i>	160
New York Heart Association Functional Classification System.....	160
<i>Pressure Ulcer Staging</i>	161

RISK ASSESSMENTS	162
<i>Fall Risk Assessment</i>	163
<i>Pressure Ulcer Risk</i>	164
Norton Scale for predicting Pressure Ulcer Risk	164
Braden Scale	165
NUTRITIONAL ASSESSMENT TOOLS	168
<i>Anthropomorphic Measurements</i>	168
<i>Body mass index</i>	169
<i>Body surface Area</i>	169
<i>Patient Generated Subjective Global Assessment (PG-SGA)</i>	170
<i>Malnutrition Screening Tool (MST)</i>	174
CONVERSION TOOLS	175
<i>Opioid Equianalgesic Dosage Chart</i>	175
DISCIPLINE SPECIFIC ASSESSMENTS	176
<i>Psychosocial Assessment</i>	176
<i>Social Work Assessment Tool (SWAT)</i>	177
<i>Bereavement Risk Assessment</i>	178
<i>Spiritual Assessment</i>	179
SPIRIT.....	179
FICA Assessment	180
Joint Commission Spiritual Assessment Guidelines.....	181
REFERENCES	182
ONLINE RESOURCES	184
COMMON HOSPICE DEFINITIONS	185
ORGANIZATIONS	198